

Client Consultation



Date: _____

Name: _____ Date of Birth: _____

Address: _____

Home Phone: _____ Business Phone: _____

Cell Phone: _____ E-mail address: _____

Single: No Yes Married: No Yes If yes, anniversary date: _____

Employer: _____ Occupation: _____

Does your job require that you work outdoors? No Yes

Referred by: _____

What would you like to achieve from your treatment today? _____

Your Skin Care

1) Have you ever had a facial treatment before? No Yes, when? _____

2) Have you ever had a body spa treatment before? No Yes, when? _____

- | | |
|---------------|--|
| Massage: | <input type="radio"/> No <input type="radio"/> Yes |
| Salt glow: | <input type="radio"/> No <input type="radio"/> Yes |
| Seaweed wrap: | <input type="radio"/> No <input type="radio"/> Yes |
| Moor mud: | <input type="radio"/> No <input type="radio"/> Yes |
| Body scrub: | <input type="radio"/> No <input type="radio"/> Yes |
| Other: _____ | |

3) Which of the following best describes your skin type? (Please circle one type number)

- | | | |
|-----|------------------------|----------------------------------|
| I | Creamy complexion | Always burns easily, never tans |
| II | Light Complexion | Always burns, tans slightly |
| III | Light/Matte Complexion | Burns moderately, tans gradually |
| IV | Matte Complexion | Seldom burns, always tans well |
| V | Brown Complexion | Rarely burns, deep tan |
| VI | Black Complexion | Never burns, deeply pigmented |

4) Do you have any special skin problems or concerns pertaining to your face or body? Yes No

specify: _____

5) Have you ever had chemical peels, laser or microdermabrasion? No Yes In the last month? No Yes

6) Do you use Retin-A, Renova, Adapalene Hydroxyl Acid or Retinol/vitamin A derivative products? No Yes

describe: _____

Continued ⇒

Client Consultation—continued

7) Have you used any of these products in the last 3 months? No Yes

8) Have you used an acne medication? No Yes, when? _____ Which drug? _____

- | | |
|-----------------------|-------------------------------|
| Soap _____ | Shower Gels _____ |
| Toner _____ | Body Lotions _____ |
| Mask _____ | Sunscreen _____ |
| Eye Product _____ | SPF _____ |
| Cleanser _____ | Night Moisturizer/Cream _____ |
| Day Moisturizer _____ | Other _____ |
| Exfoliator _____ | Makeup Products _____ |
| Scrubs _____ | _____ |

9) What skin care products are you currently using? (List brand where known)

10) Have you recently used any self-tanning lotions, creams or treatments? No Yes, specify: _____

11) Have you used any of the following hair removal methods in the past six weeks? No Yes, circle all that apply.

Shaving Waxing Electrolysis Plucking Tweezing Stringing Depilatories

12) What areas of concern do you have regarding your: **Skin:** (Please check any that apply and explain)

- | | | | |
|--------------------------------|--------------------------|---------------------|--------------------------|
| Breakouts/acne | <input type="checkbox"/> | Uneven skin tone | <input type="checkbox"/> |
| Blackheads/whiteheads | <input type="checkbox"/> | Sun damage | <input type="checkbox"/> |
| Excessive oil/shine | <input type="checkbox"/> | Wrinkles/fine lines | <input type="checkbox"/> |
| Rosacea | <input type="checkbox"/> | Dull/dry skin | <input type="checkbox"/> |
| Broken capillaries | <input type="checkbox"/> | Flaky skin | <input type="checkbox"/> |
| Redness/ruddiness | <input type="checkbox"/> | Dehydrated | <input type="checkbox"/> |
| Sun spot/liver spot/brown spot | <input type="checkbox"/> | Other _____ | <input type="checkbox"/> |

Eyes:

dehydrated wrinkles puffiness dark circles Other: _____

Lips:

dehydrated cracked/chapped lips Other: _____

13) Have you ever had an allergic reaction to any of the following? (Please check any that apply and explain)
If yes, please explain: _____

- | | | | |
|------------|--------------------------|-------------|--------------------------|
| Cosmetics | <input type="checkbox"/> | AHAs | <input type="checkbox"/> |
| Medicine | <input type="checkbox"/> | Fragrance | <input type="checkbox"/> |
| Food | <input type="checkbox"/> | Shellfish | <input type="checkbox"/> |
| Animals | <input type="checkbox"/> | Latex | <input type="checkbox"/> |
| Sunscreens | <input type="checkbox"/> | Drugs | <input type="checkbox"/> |
| Iodine | <input type="checkbox"/> | Other _____ | <input type="checkbox"/> |
| Pollen | <input type="checkbox"/> | | |

Continued ⇒

1. DRUG ALLERGIES? _____ NONE If yes, please list medication and reaction.

Name of Medication	Reaction (i.e. nausea, itching, rash, etc.)
1) _____	_____
2) _____	_____
3) _____	_____

2. OTHER ALLERGIES? _____ NONE If yes, please check all that apply

Latex Aspirin Metal Seafood Other _____

3. MEDICATIONS, VITAMINS, OVER THE COUNTER HERBAL PREPARATIONS/ SUPPLEMENTS? _____ NONE

NAME	STRENGTH	TIMES PER DAY	REASON

4. Consume regular amounts of alcoholic beverages? Y N If yes, how frequent? _____

5. Tobacco Use? Y N If yes, how frequent _____

Client Consultation—continued

14) What SPF do you use on your face? _____ How often/when? _____

15) What SPF do you use on your body? _____ How often/when? _____

16) Have you had any recent tanning bed or sun exposure that changed the color of your skin? No Yes

specify: _____

17) Have you experienced Botox, Restylane or Collagen injections? No Yes

specify: _____

Female Clients Only:

18) Are you taking oral contraceptives? No Yes

specify: _____

19) Any recent changes to or from your contraceptive treatment? No Yes

If so, what and when: _____

20) Are you pregnant or trying to become pregnant? No Yes

21) Are you lactating? No Yes

22) Any menopause problems? No Yes

specify: _____

23) Are you undergoing any hormone replacement therapy? No Yes

specify: _____

Male Clients Only:

24) What is your current shaving system? Wet shave Electric

25) Do you experience irritation from shaving? No Yes Ingrown hairs? No Yes

Please use this space to complete answers where space was insufficient. (Please include the number of the question)

Future Appointments/Contact:

May I call you at your home, work or cell phone number to confirm future appointments? No Yes

May I contact you via mail/email about future promotions and news? No Yes

I understand, have read and completed this questionnaire truthfully. I agree that this constitutes full disclosure, and that it supersedes any previous verbal or written disclosures. I understand that withholding information or providing misinformation may result in contraindications and/or irritation to the skin from treatments received. The treatments I receive here are voluntary and I release this institution and/or skin care professional from liability and assume full responsibility thereof.

Client Signature: _____ Date: _____